



Contents

features

5	Petra & Church Services	
6/7	Jack Page	
10	Desert Island Jukebox	
11	The New Iron Bridge	
12/13	Hinxton Fete & Dog Show	
15	GARDEN EVENING	
17	Local Heroes	
18	Heid	
22	Rosemary & Phil	
23	Recipe Relay	
24	Diary & Future Events	

events

9

15



The Friends Annual Garden Evening













Hinxton News is an independent village newsletter, established and run by volunteers.

Its mission is to inform residents of local issues and to maintain and promote community spirit.

Delivered free to approximately 170 Hinxton households.

Disclaimer

The Editors are not responsible for the opinions expressed by contributors nor do they accept responsibility for the accuracy of information contained in the advertisements.

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from the Editor

June was an extraordinary jam-packed month with a mixture of sadness and fun.

We said our last goodbyes to our old friend **Jack Page** at a lovely Hinxton church funeral bursting with a huge congregation of family and admiring neighbours.

Andrew Walker gave us an appropriately upbeat eulogy (p.5) and we retired to the village hall afterwards, in time honoured fashion, to talk about our memories of Jack.

Duncan Parsley, who has been our closest contact at the **Wellcome Genome Campus** for many years has left the company. This is a great shame as he was the human face of the Wellcome Trust who we came to know and liked. We wish him all the best for the future.

The annual village **Fete** dominated the month for many of us and had a Flintstones theme with games for the kids and Dino Poo biscuits. Much praise for our wonderful organiser **Ros Smith.** Lots of work goes into these events to make them tick and she and her formidable team managed perfectly. Special praise for her little helper, **Joan "Wilma" Roberts.** The raffle was roundly supported by the advertisers in our **Hinxton News** and helped raise the staggering £2536 final total. This year the day started early with a **Fun Dog Show.** This was very successful for a first attempt and all credit goes to **Lorraine Monument** and **Karen the Judge.**

Alfie came out as the Star of the Show. I might add that the owner offered me a financial inducement some months ago to throw the competition his way. "What Alfie?" I said "No chance!"so what do I know? Talking of dogs.....our front page introduces our new neighbours in Church Green.

Quality...Quirky...Witty. I love 'em.

After the Fete a good crowd assembled by the New Iron Bridge to toast the original builders Michael Butler, Roy Ellis and Martin Fordham. A number of others had also been involved including George Baillie and David Nicholson and their names were mentioned.

When told Butler Ellis & Fordham were opening the bridge I heard someone ask how we could possibly afford such a famous Pop Group!

As yet this bridge has not been given an official name. So please tender your submission to the Editor by end of July and all entries will be handed to the Parish Council for consideration.

My personal recommendation is to call **The New Iron Bridge—The NIB.** Sounds cool.

Last month's "Hinxton Moos" has stimulated some comments with further suggestions of Hinxton Loos and Hinxton Zoos. The one that really caught my attention was Hinxton Nudes.

Any volunteers for the photo please?

Unfortunately, no one has stepped up to take over from me as Editor of the Hinxton News.

In order to maintain a level of consistency, especially whilst the dreaded planning applications are still raining in, I will carry on but the News will condense to an eight page **monthly** journal starting in September with basic information, adverts and announcements which I will collate just for another twelve months before I retire altogether. Hopefully, this will prove a lot easier to look after for my successor.

In addition to this I will also produce a seasonal twenty four page magazine starting in January 2020 with a compilation of all the favourite features such as the **Spotlight** and the **Recipe Relay** together with reviews and photographs of all the activities during the previous quarter.

Meanwhile, the job is now available with an extensive training period.





Peterhouse Choir Concert

A packed church were roundly entertained by this fabulous choir of young undergraduates who were giving a premiere of their tour programme before heading off to Lithuania and Latvia. Our thanks go to Dr.Simon Jackson who directed and conducted the choir

The programme included the brilliant Stanford's "Three Motets" and Bruckner's "Locus Iste".

Many of the audience came from outlying villages as far as Barley and Horseheath.

The retiring collection raised around £400 which was shared equally with the Choir for their tour expenses and

The Friends of Hinxton Church







Are You Sitting Comfortably?

Here is Julie on the bench positioned behind the village hall in memory of her husband, George Baillie. Lovely.

Julie is the local representative of the Children's Society and as July is box-opening month, it would be helpful if all owners of home collecting boxes would be kind enough to return them to her by Saturday 20th July.

Saturday 20th July.

Meanwhile, keep popping in your loose change, if there's room!

A message from Petra

Some years ago, during a particularly difficult period, I went to see a friend of mine, an American Anglican priest who had started out life as a Southern Baptist. She had the most wonderful Southern drawl! I confessed to her that, at that moment I felt the world was divided into two kinds of people, the ones who I could cope with, who were supporting me and nourishing me and others whose very presence just drained me and who I had no strength or stomach for. She laughed and said "D'you know about the Balcony People?" Well, I'd never heard of them. It turns out, *they* are actually a book. The Balcony People, she explained are the ones up there hanging over the balcony, cheering you on, affirming you and shouting "Go Petra! You can do it!" And the Basement People – she dropped her voice - "They just SUCK-YOU-DRY" (or – Serk you dra-a-a!)

Most of us could probably look back and spot the real Balcony People in our lives: the ones who have just loved and supported us without question, the ones who spotted that gift, that secret passion inside us and encouraged it, gave us the space to do it; the ones who appreciated even the small things we did; the ones who healed our wounds with loving affirmation.

However, it's often the case that we are more influenced by the Basement People. No matter how well our day has gone, it only takes one negative remark, one criticism and that's what colours our entire day. These are the people who break our spirits, find that weak spot and exploit it and suck us dry. They're the ones whose biting comment or chastisement, or whose unfriendly email keeps us awake at night, turning the words over and over in our minds. But what makes Balcony People? What makes Basement People? I suspect that Balcony People are happy, comfortable with themselves, fulfilled. They are interested in others and able to think beyond themselves; they are not self-serving or self-interested. Basement people are not happy. They are insecure, frightened. The only way to make themselves feel better is to drag others down into the basement with them.

An affirmation is a gift and, like all gifts, it has an effect on both the giver and receiver; an affirmation makes both parties feel better. It's all part of the economy of gift. So, if we are not naturally Balcony People; if we're not naturally affirming, positive people, we can become so with practice. If we do something often enough it becomes habit and then part of who we are and what we do. So if we make the effort, if we make it part of our practice – even if we have to think about it – we can become affirmers; people who heal and encourage and lighten the darkness of other people's lives. We can also find ways of not being or becoming Basement People ourselves; of not being sucked down into the cellar of despond by other people's negative behaviour towards us. A solution suggested to me to counter such behaviour, is, at the end of the day, to write down the negative thing(s) alongside the positive, uplifting things that we can be thankful for. The positive list is invariably longer (much longer) and we can then see how much influence we are

allowing negativity to have – and stop it! This is not unlike the Examen form of prayer which encourages us to spend time quietly reflecting on the day with gratitude, to focus on one particular thing to be thankful for and to spend time with the memories and emotions surrounding it. From this perspective, we then look forward to tomorrow and are far less likely to be kept awake all night reliving that one awful meeting/ conversation/email ... This works as a kind of 'self-affirmation' too; we feel better about ourselves, which is important for our sense of mental well-being. In all probability, the balcony people don't feel good about themselves. So it's also important that however people behave towards us, we try, as much as possible to be positive and affirming towards them. If we fall into the habit of tit-for-tat responses, we are allowing their behaviour to dictate ours. We can decide whether we are Balcony People or Basement People and it may not change the world, but it might change how we and other people see the world.

SERVICES IN JULY

Tuesda	y 2nd
10.30 Coffee Mo	orning Ickleton

Sunday 7th	3rd Sunday after Trinity	
8am	BCP Communion	Duxford
10am	Parish Communion with Sunday Club	Ickleton
6.30pm	Evensong	Hinxton
		_

Saturday 13th HINXTON 6.30pm Annual Garden Evening see p.14

Sunday 14th 4th Sunday after Trinity

10am Al2gether Service Duxford

Tuesday 16th 10.30 Coffee Morning Ickleton

Sunday 21st 5th Sunday after Trinity

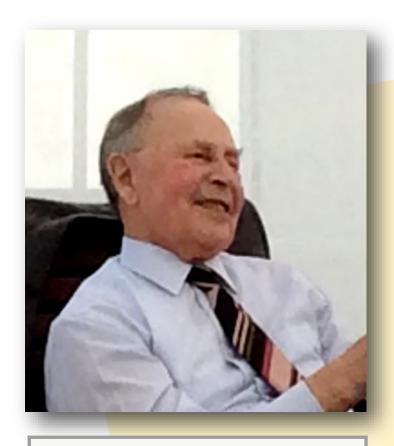
8am	BCP Communion	Hinxton
10am	Parish Communion with Al2gether	Hinxton
5pm	Taize Service	Ickleton

Thursday 25th 10am Tiddlers Duxford

Saturday 27th 9.30 - 12.30 Craft Café Duxford

Sunday 28th 6th Sunday after Trinity

8am	BCP Communion	Hinxton	
10am	Parish Communion Al2gether	Duxford	
6.30pm	Evensong	Ickleton	



JACK PAGE

A TRUE SON OF HINXTON

From Rosemary Breen

A few weeks ago Jack and I were chatting about the joy the natural world can bring.

He told me about a long held memory of his Waking at 4am on a spring morning, warmly tucked up in bed, he became aware of the wonderful song of a blackbird outside his window. He lay and listened happily to the beauty of the song. He said he was alone but not lonely, how could he feel lonely when part of such a beautiful world.

When I hear a blackbird now I can't help but smile, thinking of such a kind, good man with a super infectious smile.

Rosemary

From Ros Smith

I have known 'Mr Page' all my life, but I really got to know 'Jack' well in the last ten years or so.

When I had the idea of recording the history of some of houses in Hinxton and the people who lived in them. Jack was very keen to help. He had the most amazing memory and has given me so much information. It was a joy to listen to him describing past residents and a real privilege to spend that time with him.

Jack was a kind, caring, gentle man, so appreciative of all that was done for him.

He loved his family and was quite overwhelmed by the support of village friends during his illness. Like a lot of people in Hinxton, I am going to miss him so much!

Ros

From Mike Boagey

Julie and I first met Jack when we moved to Hinxton about five years ago.

He lived right across the road from us and we frequently saw him going about his business. He always nodded politely and quietly said hello.

One day we had a longer conversation and shared a slightly risqué joke. Well! He threw his head back and laughed and giggled in that inimitable way. Ever since then it was ever my mission to re-ignite that fun side of his character, which was not very difficult....such a pleasure talking to him.

The more I got to know him, it became apparent that he was the probably most contented person I had ever met. He loved his family and his village and, most importantly, he had no regrets.

Not many of us can say that.

I wish we had met sooner as I know we would have become close friends.

Mike

This is the full transcript of the eulogy written and read by Andrew Walker at Jack's funeral.

Jack Page, Hinxtonian.

1926 - 2019. An appreciation.

I feel a great responsibility standing here today to deliver this inadequate appreciation and recollection of our much loved and well respected neighbour of almost 40 years – Jack. Virginia and I will miss him and his gentle, shy smile. When talking with others he would quite often say "this is Andrew, my neighbour for a long time – and we have never had a bad word, have we?"

Well, quite simply it would have been difficult to have a bad word with Jack. He was such a lovely, kind courteous, gentle and considerate man. I just cannot imagine him saying a bad word about anyone. He was a perfect and natural gentleman. I am very honoured that Millie and the family are happy that I should say these few words today.

Hinxton is a rather special village to those who have been here for a long time. It has families who have known one another for years without much trace of feuds or rivalries, as is sometimes the case, and it is precisely because of people like Jack who are not out for themselves and who do not talk badly about other people that this is the friendly place that it is. If there were more in the world like Jack it would be all the better for it. Thinking of the D-day remembrances that have just taken place I am reminded that Jack served in the last war in the Far East where he made friends. After returning from service he remarked that his greatest pleasure in life was to "come home to my family in Hinxton".

Jack was born at Ickleton Grange in 1926 and subsequently came to live in Hinxton at no. 81 High Street with his mother and father, Elsie and John and siblings Albert and Leslie, Jack being the third eldest. As the family grew more space was needed and so they moved to No. 50 High Street, and it was there that Dulcie was born soon to be followed by twins Mildred and Sylvia (known to all as Sybie) and later Kenneth and David.

All the children went to Hinxton School. At the age of 14 in 1940 Jack started work as one of the "gardener boys" working for the Robinson sisters at Hinxton Hall, later graduating to the position of chauffeur to the two ladies. This was to be the beginning of a long relationship.

When Jack was 22, in 1948, he and the family moved to Glebe Farm at 64 High Street, where he spent virtually the rest of his life. The only time spent away from Hinxton was in the Army during the war. On returning he started work again for the only employer he ever had, the

Robinson sisters. His pay was the princely sum of £1 a week!

When I think of Jack, I think of a very unusual person. Exceptionally kind and decent, living a good and fairly simple life. His passion was his beautiful cars, lovingly maintained. The only birthday party he ever had was his 90th, which was laid on by Ros and Graham Smith in their lovely garden. He enjoyed every minute of it! And when Ros Smith gave him a book of photographs of the event – well he was just over the moon! His sister Millie said he was "a lovely brother. The best you could wish for". We would say exactly the same as his neighbours.

If you need wider tributes to Jack just consider that in his last year of failing health his doctor, a hugely busy man and senior partner in Sawston and beyond, found the time to visit and care for Jack personally on numerous occasions. Several ladies in the village with either nursing or healthcare training tended to his needs without resort to the Social Services or care agencies, simply because they were truly devoted to him. This enabled him to spend his last months at home with Millie. Can anything speak more loudly for the man that he was? And how grateful he was to those people and to his sister Millie for looking after him. Nothing was taken for granted.

Years back Jack played the harmonium in church for Sunday School, without any lessons! Virginia has been playing some of the music. This afternoon from the books that she found in church and which he had used years ago. Latterly he would sit in church at Evensong with his sister Millie and brother in law, Stanley, Jack normally acting as Chauffeur. He had maintained his driving licence and was driving until quite recently – very competently!

I am sure that Jack possessed many talents of which we were never aware. He was generous to the Church, saving up with Stan and Millie the lower denomination coins that were generally offered in a polythene bag with a little request – "Will you count them, Andrew?" And yes, they do all count!!

Jack, always smart, well dressed, tidy, dependable - he will be missed by all of us especially by Millie, his devoted sister. We shall miss your kind and courteous ways, Jack, your gentle smile and the twinkle in your eye. And with the Hinxton Fete only two days away we shall all remember the trio of Stan Keeble and Jack spinning the "Wheel of Fortune" and Joan Pettett looking after the "White Elephant" stall. And so passes an era of Hinxton life.

May God bless you, Jack, and thank you for your company over the years.





GREAT CHESTERFORD & DISTRICT GARDENING SOCIETY

(Affiliated to the Royal Horticultural Society)

Meetings are normally held at 8.00 pm on the first Wednesday of the month at: MAIN HALL, ICKLETON VILLAGE HALL, FROGGE STREET

For Further information please contact Chair, Mrs Pauline Gale 01799-525543

RECENT MEETING

Botanist, author, broadcaster and experienced speaker, Geoff Hodge was welcomed in *June*. His subject, "*Gardening in Dry and Drought Conditions*", was particularly apt as local gardens have experienced recent very dry weather. He illustrated the talk with an extensive list of shrubs, perennials and annuals and advised that plants with small leaves, grey leaves, fleshy leaves or hairy leaves were all indicators of drought resistant plants.

3rd July 2019

THE JUDGING OF HORTICULTURAL EXHIBITS IS NOT, AND NEVER CAN BE, AN EXACT SCIENCE

Kate Chambers, RHS Show Judge - with welcome advice on how to prepare and display produce for exhibition

NO MEETING DURING THE MONTH OF AUGUST

LET US EAT CAKE!

The annual fundraising tea for Hinxton Watermill will be held on **Sunday July 7th** when tables in the village hall will be laden with delicious teatime treats and a bevvy of willing waiters will be on hand with the tea and coffee pots. The munch-in coincides with the regular monthly open day at the mill, which runs from 2.30-5pm.... ..if you would like to watch the highly skilled miller at work. For those who have visited recently, there is a new exhibition of paintings, drawings and photos featuring the mill and its surroundings on show in the stable, some of which are by local artists and several are for sale in aid of the mill's upkeep.



Mental Health Awareness Event – Rock in Mind

On Saturday 27th July 2019, a music festival raising money and awareness of mental health is being held at The Coach House Hotel, Flint Cross, Near Royston. **EASTFest** is being staged in memory of **Richard East** who tragically took his own life following illness and depression in 2018.

A true rock aficionado and great musician, Rich was a devoted family man and well known throughout the rock scene. The East Anglian rock community are coming together to celebrate Rich's life in style and at high volume. A fun day out for the family (under 16's go free) and all music fans, this charity event brings together some of the best rock bands in Eastern England on a 5 acre site with full catering, parking and amenities.

Gates open at noon and 7 bands will rock us through from 2pm to midnight.

All proceeds from **EASTFest** will be donated to **The MindEd Trust**.

MindEd is a registered charity created following the terrible suicide of Cambridgeshire teenager, Edward Mallen in 2015. The charity funds mental health awareness and care programmes in the school system, the workplace and the community across Cambridgeshire and East Anglia. It aims to destroy the stigma associated with mental illness, prevent suicide and alleviate the suffering of all those experiencing psychological trauma. MindEd have also co-founded the **Zero Suicide Alliance** as a national mental health reform and suicide prevention programme.

If you have a moment please look at their free suicide prevention training at www.zerosuicidealliance.com/ training/ You could save a life.

For further information on **EASTFest** and to buy tickets and tee-shirts please go to www.eastfest.live

Further information about **The MindEd Trust** can be found at www.themindedtrust.org

If you would like to help in some way on the day,

please contact Sandra East on 0771 424 739 sarnieast@gmail.com



I grew up in Kent and went to the local church primary school and then the boys' grammar school. I had a very classical music upbringing. Mum got me started playing the piano when I was 5 years' old. I regarded it as a bit of a chore for many years, but thoroughly enjoyed it in my teens, as I got better. I also had a lot of music education at school, played the piano in the school orchestra and sang alto and then tenor in the school choir. I regret that I didn't keep up the piano in later life. I can still play, but not very well. The piano drove my early interests in music. I played all the usual classical pieces. But I particularly enjoyed Chopin and Debussy.

1) Chopin: Mazurka No 15 in C, Opus 24, No 2 My first Jukebox selection is a piece I used to play, and brings back memories of youth. I was oscillating between Debussy's Children's Corner Suite, which is a brilliantly evocative albeit quite technical set of pieces to play, and one of the Chopin Mazurkas, of which I am very fond. The Chopin won out, and my first selection is the Mazurka No. 15 in C, a bright and exuberant piece with the strong Polish folk influences typical of Chopin.

2) Percy Grainger: Shepherd's Hey, for piano

The piano is a lovely instrument with bright open sound that in my unbiased opinion - is perfect to capture the spirit of traditional folk music. Percy Grainger was a master at writing and arranging music embodying quintessentially British themes, and my next selection is the piano version of Shepherd's Hev.

His Lincolnshire Posy is equally lovely.

3) Vaughan Williams: The Lark Ascending

Moving away from the piano, but staying with classical music, my third selection is Vaughan William's The Lark Ascending. Sorry to display my lightweight tendencies to all you classical heavyweights, but as much as I enjoy the mathematical purity of a good piece of Bach, I'm one of those people that prefers evocative music – music that tells a story. I can easily cry when listening to The Lark Ascending. It is stunningly beautiful.

NOTE FROM EDITOR:

This month I invited Graham Fagg to send in his choices. The background information behind each selection was so interesting I decided to print it in full.

Try listening to the Aaron Neville songsuperb!

4) Reger: Mariae Wiegenlied

The human voice is a wonderful instrument. I would have loved to have included more vocal works, but Mike is a tough master and would only allow me eight selections in total. So I'm including Mariae Wiegenlied, a truly lovely piece for female voice, haunting and beautiful, which I am sure you all know well.

5) Kronos Quartet: In Formation, Funky Chicken

I'm a big fan of the Kronos Quartet and have quite a few of their albums. Kronos is a string quartet that was formed in the 1970's, and always has something new and interesting to say musically. The set of pieces entitled In Formation was written for them, and combines classical, jazz and blues influences - with some really unusual rhythms. I like the whole album, and highlight here the first of the set, entitled Funky Chicken. It's definitely funky. Have a listen.

6) Dion: Abraham, Martin and John

We lived in California for several years, in Orange County and later in the San Francisco Bay Area. Before we went to the Bay Area, we were given a CD entitled Spirit of California. And boy, does it capture that spirit. With songs like California Dreamin' (by the Mamas and Papas), Ruby Tuesday (Melanie) and Green Tambourine (The Lemon Pipers), it was the perfect album to play while cruising along the freeway. I'm sure I played it pretty much every day, driving between Menlo Park and downtown San Francisco. It's a 'glad to be alive' album. My selection is Abraham, Martin and John, by Dion.

7) Manecas Costa: Paraiso di Gumbe, Osokari

I also enjoy African influences in music. Kronos Quartet has an album entitled Pieces of Africa, which I enjoy. But for my next selection, I am going to highlight Manecas Costa and his debut album Paraiso di Gumbe. This is a set of pieces drawing on the musical heritage of his native Guinea, which based on the history of that area is a natural fusion of Caribbean, Portuguese and African influences. Enjoy the rhythms of the 'gumbe'!

8) Aaron Neville: Bring it on Home, Rainy Night in Georgia

I'm going to leave you with one of the most chilled out albums you can possibly imagine, Aaron Neville's Bring it on Home. Soul music at it's best. Great voice (love the falsetto) and great instrumentals. It's a sunny day. Sit down (with a glass of something), put your feet up, and chill out listening to this one. Total de-stress!

"That's all the pieces Mike will allow me. I'd loved to have done justice to some Copland, highlighted some of the singer -songwriters that have emerged over the last 10 years or so (Laura Marling, Melody Gardot, Joss Stone, Diana Krall), suggested some Mike Ward, and introduced you to Sixto Rodriguez. But that will have to wait for another time"

Graham



The original bridge builders were invited to open the replacement just 30 years on.

Messrs Butler, Ellis and Fordham

The new bridge on the permissive path was formally welcomed by an appreciative group of Hinxtonians after the village fete on Saturday 15th June.

Linda Allen not only made the speech but also provided a sparkling glass of champagne for each of us to toast the New Iron Bridge.



Fete - Saturday 15th June

Alfie won
Best in Show







How lucky were we! After all those cold, wet and windy days leading up to the Fete, it was a dry and fairly warm day; which was just as well as Fred & Wilma, and Barney & Betty, would have been a bit chilly in those outfits!

There was a lovely atmosphere, with the children enjoying the obstacle course and racing on dinosaur feet.

The afternoon started with the Dog Show – what fun! Well done to Lorraine and her helpers for organising such a professional event, with particular thanks to Judge Karen.

We raised a magnificent £2,536.

This could not have been achieved without the hard work of all the stall holders and those who helped set up from 7.00 in the morning, and those who helped clear away at 7.00 in the evening! Of course, it's not just the actual day that's busy; lots of work is involved leading up to the event making games, baking cakes etc.

We had lots of amazing raffle prizes this year from the Wellcome Trust, Alex Clarke at The Red Lion, Tim Phillips (coach trip), Jack Hutchinson (Binwash), Zoe Kirby (Yoga classes), Angli-ear Audiology Clinic and lots more. Thank you all.

And, what a wonderful plant stall again this year, Sally, the Gardener from Peterhouse College, is such a great help to us, donating so many plants.

The Fete is the only fundraiser we have for the general day-to-day running expenses of the church, with 50% going mainly towards the cost of insuring the church, and 50% going to the Friends of Hinxton Church who help look after the fabric of the building.

Thank you so much for supporting this event.

Ros



Advertisement

Glass demijohns; mint condition; worth £8.00 each

but free to a Hinxton home winemaker!

Contact Julie

530684



Date for your diary

details to follow

ANN HOWSDEN CHARITY JOB VACANCY

Are you interested in taking over the role of Secretary for the Ann Howsden Charity that has been in existence since 1631?

The work will be varied and interesting, will involve working alongside the eight Trustees, attending regular meetings and helping many Hinxton residents.

The hours will vary month by month and the job would be home-based. The candidate will need to have a working knowledge of Word and good interpersonal skills. Financial matters are handled professionally and would not be part of this role, though a general understanding of finance would be an advantage. Appropriate remuneration will be given and he/she will be reimbursed for stationery and postage costs. The most important requirement is a strong community spirit and a desire to help the village. For further details and a job description please apply by 30th June 2019 to:

Virginia Walker

tel: (01799) 530360, email:

virginiamwalker@btinternet.com



26 April – 12 July 2019

Half term 31st May (no class) also no class on 5st July

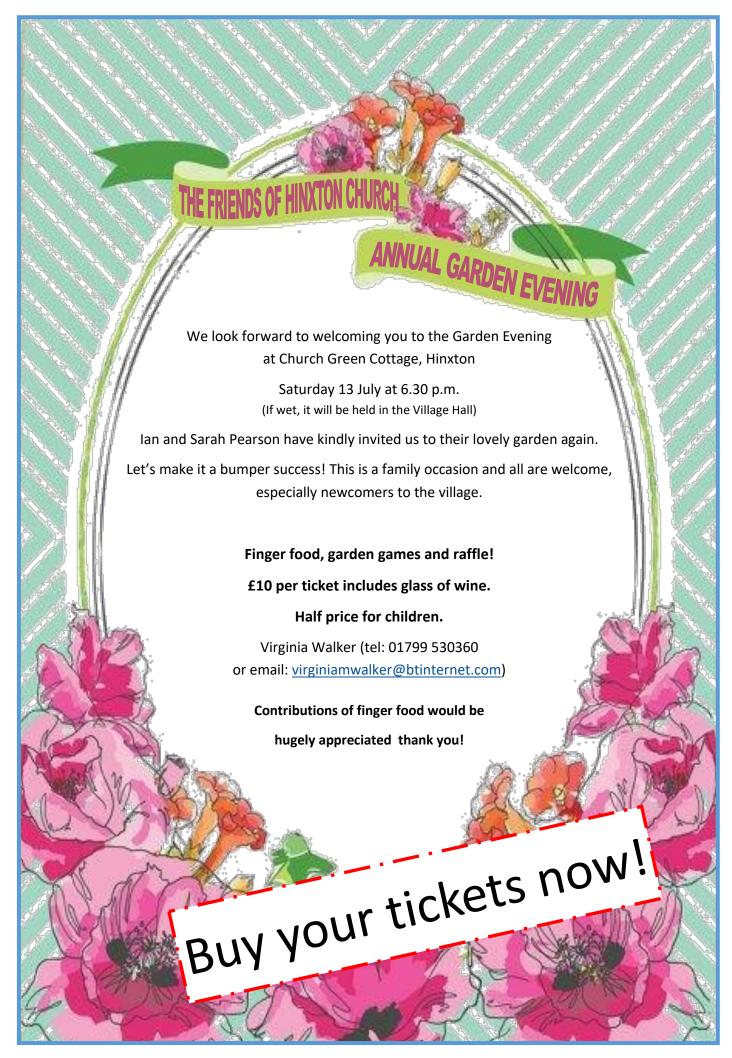
Hinxton Village Hall Fridays at 9.30-10.30am

Newcomers always welcome

Please contact Zoë on 07956 644254

yoga@zoekirby.com Keep up to date on

www.facebook.com/eatwellandbreathe





Genome Late: Defeat The Helix Fri 5 July, 5.30-8.30pm

Wellcome Genome Campus, Hinxton, CB10 1RQ

Genome Lates are your chance to explore Wellcome Genome Campus science on a Friday evening! It's the start of the weekend so it's a fun, informal affair. The bar will be open, so come along and relax with friends over a drink.

WARNING! An alien life-form known as The Helix has found Earth and is taking over the planet as we know it! Can you solve clues to defeat them? Enter Mission HQ, or book for the timed puzzle experience, at the Wellcome Genome Campus and work together - only your skills puzzle-solving can save us now... You have until September to defeat them!

Free to attend but booking is essential. Tickets: http://bit.ly/genomelates

Open Saturday: Defeat The Helix & Open Lab Sat 20 July, 1-4pm

Wellcome Genome Campus, Hinxton, CB10 1RQ

An alien life-form known as The Helix has found Earth and is taking over the planet as we know it! Can you solve clues to defeat them? Enter Mission HQ at the Wellcome Genome Campus and work together - only your skills puzzle-solving can save us now!

You can also visit Open Lab to discover more about the Campus' history and the cutting-edge research that happens here today. The three Open Lab visits will be filled on a first-come basis. Everyone is welcome, though we recommend Open Lab for ages 10 and up. Open to all and free to attend but booking is essential. Tickets: https://open-saturdays.eventbrite.co.uk/

In Cambridge

<u>Café Sci Cambridge: Moon landings 50 years on</u> *Wed 10 July, 7-8.30pm*

Espresso Library, 210 East Road, Cambridge, CB1 1BG

Join John Pernet-Fisher from University of Manchester whose day job is to study moon rocks to learn how - since the first Moon landing 50 years ago - these have revealed surprising insights into early life on our planet. This is a free, non-ticketed event. Please arrive for 6.45pm.

More info: www.cafescicambridge.org

GRANTA Medical Practices

We are very excited to announce two dispensary developments coming soon which will hugely benefit our patients and offer improved patient service.

Medicines Pickup Point

We are installing an automated dispensary machine on our Sawston site.

It will be easily accessible and available 24 hours/day, 7 days/week, which means you can pick up your prescription whenever it suits you.

This service is for anyone who uses the Granta Sawston dispensary.

Pharmacy Delivery Service

We are investing in an eco-friendly electric van to deliver medicines to nursing homes and residential homes in the area. This is in addition to the existing pharmacy delivery service.

Sandra East, Granta Communications, sandra.east@nhs.net

Before I launch into my usual monthly constituency update, I thought it important to explain what has happened recently in terms of my own party allegiance. As you will know, I left the Conservative Party in February to sit as an Independent MP because I was concerned the Party had drifted to the right and it was more concerned with its own survival than the national interest. Early polling results gave us, as Independents, the confidence to formalise into a party structure, named "Change UK" to fight the European elections at the end of May." However it soon became clear that the Brexit Party was storming ahead. Believing passionately that the National interest must always come first, and that Nigel Farage did not have the right answers for the country's future, I felt our support should shift to other Remain parties who were faring better than us in the polls. I was unable to convince a majority of Change UK MPs of this strategy and they remained steadfastly of the opinion that the party should seek to achieve as many votes for itself rather than collaborate with other parties Now the European elections are over, I remain unwavering in my strong belief that the country must always come first. As such, I have stepped down from Change UK and returned to sit once again as an Independent with four other colleagues - Sarah Wollaston, Luciana Berger, Angela Smith and Gavin Shuker.

There are two principal reasons as to why I have done this. I do not believe I can serve my constituents and country well if I put party interests ahead of theirs. Secondly, the political landscape remains very volatile. In the coming weeks and months I can easily envisage MPs leave the Conservative Party because they cannot tolerate a new Prime Minister who advocates a hard Brexit or no deal Brexit. Equally, there are Labour colleagues who will no longer tolerate Jeremy Corbyn's inability to fight as an opposition leader should. Recognising that it is very difficult for MPs to leave their parties and immediately join other ones, I believe my role will be to help convene a safe neutral space in the centre ground of Parliament and offer a home for those MPs. It will allow us to work alongside the Liberal Democrats, Greens, SNP, Change UK and Plaid Cymru in the national interest, ensuring we do not crash out of the EU with no deal.

As an Independent MP with a reputation for cross party working and prioritising the national interest over party allegiance, I feel strongly that I will be able to help act as a convener. It is my strong belief that this is what the country needs right now.

A more detailed statement, including a video setting out my views, can be seen on my website: https://heidiallen.co.uk/explaining-the-decision-to-sit-as-an-independent-member-of-parliament/

Back onto local issues!

Highways England have launched the latest stage of their consultation, seeking your views on the proposed route for the A428 Black Cat to Caxton Gibbet improvements. The consultation webpage has "flythrough" videos which show what the roads and the junctions will look like. They are an excellent way of not only getting a clearer understanding of the route but also looking at specific "pinch points" along the route including Black Cat roundabout, the Eltisley

junction and the roundabout at Caxton Gibbet.

There are also a number of local consultation events taking place including:

- Monday 15th July from 12 noon to 8pm at Doubletree by Hilton Hotel, Cambourne
- A mobile visitor centre on Friday 12th July between 8.30am to 2.30pm at Pendrill Court, Ermine Street North, Papworth Everard.

The consultation is available here and is open until 28th July - https://highwaysengland.citizenspace.com/he/a428-black-cat-to-caxton-gibbet-improvements/

Last month, I was delighted to formally open the Meldreth, Shepreth and Foxton Community Rail Partnership and extend my thanks to its Chair, Councillor Van de Ven for her kind invitation to its anniversary celebrations. This initiative is designed to connect users with their rail

network, Great Northern, giving a voice to the passenger and local community.

We celebrated the anniversary in style with a fabulous train themed cake and refreshments at the Plough in Shepreth!



If you are a rail user and would like to connect with this group please visit http://meldrethsheprethfoxtonrail.org.uk/.

Finally, I was pleased to read the National Lottery Community Fund had awarded £136,666.40 to six community projects in South Cambridgeshire, including Fen Drayton Primary School, Cambridge Branch of the National Childbirth Trust, Cambridgeshire Hearing Help, Kingston Village Hall, Guilden Morden Community Pub Limited and Headway Cambridgeshire. The National Lottery Community Fund makes awards to groups who are improving their communities. If you are involved with a local community group and looking for funding, why not take a look at their website at https://www.tnlcommunityfund.org.uk/? Well done to everybody involved in these community projects!

As ever, my newsletter can only provide a snapshot of my work on your behalf but if there is anything you would like to talk to me about, my next surgery is on Friday 5th July.

This is an "appointment only" surgery between 2.30 and 4.30pm at The Melbourn Hub, 30 High St, Melbourn, SG8 6DZ. If you would like an appointment, please call my office on 01223 830037.

Further surgery dates will be added to my website soon https://heidiallen.co.uk/constituency-

surgeries/ In the meantime, if you would like to contact me, please email heidi.allen.mp@parliament.uk or call my office.

See you next month!



On the night of 11th May five intrepid Hinxtonians completed the Moonwalk through the streets of central London in aid of Breast Cancer Care.

The three Sarahs (Crocker, Pearson, Robinson), Helena and Emma were dressed from head to toe in

silver and gold for the "disco inferno" theme. Thank you to Helena for her design and hard work with the sewing machine and to Isabel, Lucy and Tabitha for their help with make-up.

But most importantly thank you to everyone who sponsored us or encouraged us on our training walks. The team raised more than £2,500.

As many of you know, I ran the London Marathon in April. Thank you to all who supported me on my marathon journey. I managed to get a new personal best and really enjoyed the day. I ran for Dementia Revolution, a one year charity partnership between Alzheimer's Research UK and Alzheimer's Society raising money for the UK Dementia Research Institute.

My virgin money giving page is open until 28th July: www.virginmoneygiving.com/emmarobson2





The event is on Sunday 4th August & sponsorship will be open till the 4th September

I'm taking part in the Prudential Ride London bike ride this year, 100 miles from the Olympic park in Stratford following the same course as that used in the 2012 Olympics, through central London and round the Surrey hills, including the famous Box Hill climb, before finishing on the Mall.

https://www.prudentialridelondon.co.uk/
I'm riding for one of the Sanger institute's chosen charities - Mind https://www.mind.org.uk/
Mind offer help & support to people experiencing mental health problems as well as campaigning to improve services, raise awareness and promote understanding.

Please help me reach & exceed the target of £500 by sponsoring me via

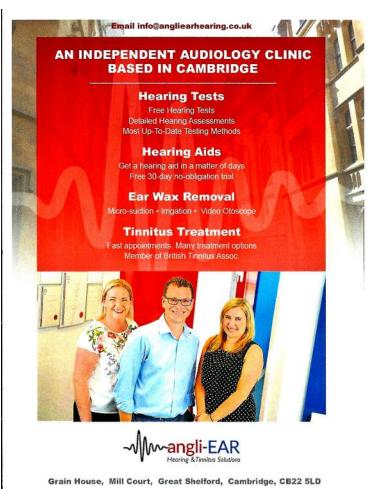
https://uk.virginmoneygiving.com/JonNicholson1

or in person at 2 Mill Lane. Many thanks, Jonathan









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July Greetings to Hinxton Villagers from all at The Red Lion Inn

A big thank you to local GB Bake Off finalist (and our website photographer) Ian Cumming for joining us last month to host our first Pudding Club for a while and sharing his elaborate Lissajous Curve producing cake decorating pendulum contraption with a full house.

Standby for a revisit later in the year.

Standby also for an invitation to our Annual Garden Party – Friday 16th August: drinks, canapes & music – all welcome.

If you are not on our mailing list and would like an invitation, please sign up on our website.

We are delighted to have heard that Inn
Crowd have secured another round of
funding from the Arts Council.

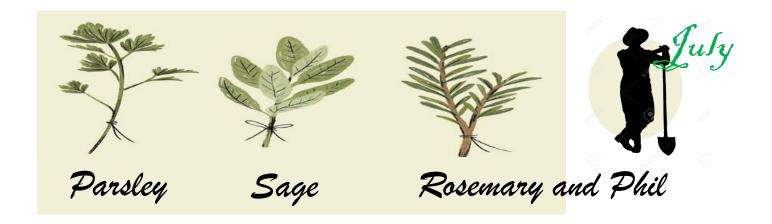
James Rowland was outstanding again with
his Team Viking Pint of Theatre
performance for us last month and we will
be keen to get him back once more for the
third and last performance in his
repertoire.

We look forward to welcoming you & your friends
Kind regards

Alex, Nikol, Jiri, Kris and the teams 01799 530 601 info@redlionhinxton.co.uk www.redlionhinxton.co.uk







Plants & Flowers

Midsummer and the garden is in full colour. There are jobs to do but please try to find time to relax and enjoy the show.

July is a good time to cut back those perennials that have flowered but will flower again if reduced by half, this particularly applies to hardy geraniums.

When deadheading roses go back to the first pair of leaves under the spent bloom. Nip the spent heads off Day lilies for more flowers the next day and cut out the faded flower spikes on delphiniums and lupine to get a second show. Give hanging baskets some attention. They should be fresh and in full colour now. It will make your life easier if your baskets have a pulley system so you can lower them for watering and deadheading. Once a week feed with a high potash liquid feed such as tomato feed to encourage flowering.

If your lawn is not as green as you would like, a liquid feed maybe worth a try. If we have a summer like last year there is really no need to water the grass, it will recover very quickly with the autumn rains. Make sure your flowers are shown off perfectly by neatening border edges. Paths and patios abutting borders can be swept, weeded and scrubbed free of algae.

Houseplants will look so much fresher if you wipe the leaves with rain water, support the leaf with one hand and gently clean off the dust. The leaves need access to light which is reduced by a layer of dust. Once clean give a feed and keep off sunny windowsills as they can easily burn.

, Jack Page reminded me that a good hoe is a gardeners best friend ,do keep on top of weeds but above all enjoy this wonderful high summer month.

Veg report June

The crops are growing nicely and the pests have noticed them. A gardening book from 20 years ago would have suggested liberal dressings of bromophos, diazinon and BHC. Nowadays there aren't any effective pesticides available to the amateur vegetable grower. The last one, the slug pellet metaldehyde is being banned. The odd thing is that despite these potent insecticides having disappeared the insect populations have dropped dramatically in recent years. I suspect that this is due to reduced plant diversity with modern farming techniques, herbicides and overzealous verge cutting. So what does the defenceless gardener do? If you are lucky enough to have an asparagus bed it will have been invaded by hundreds of the pretty black, red and cream asparagus beetles by now. These can destroy the plant. They can be removed by hand but are difficult to spot as they move around the stems so as not to be spotted. They fall to the ground to escape so hold a jam jar of soapy water under to catch them. Onions and Leeks are increasingly being attacked by onion fly with maggots making the bulbs go rotten. The only real prevention is to grow them under nets during the summer months. Similarly carrots are ruined by carrot fly. Here either net or grow the fly resisting varieties and net even then. All the brassicas suffer from caterpillars. The cabbage white butterfly is easy enough as it lays visible clusters of eggs under the leaves that can be rubbed out. The small white butterfly and the cabbage moth lay solitary eggs that are more problematic and you must stay vigilant for the caterpillars. Blackfly on broad beans is supposed to be controllable by removing the growing shoots once the beans have set. I find the only solution is to grow them early. Red spider mite on peppers and cucumbers can be remedied by spraying under the leaves with a soapy solution several times a week.

If all else fails, grow more than you need, then there is plenty to live and let live.

RECIPE RELAY



Some of you may know that our editor has been on a diet since January and is shedding the pounds very well indeed. Mike must have a will of iron, for he is married to a marvellous cook, who excels in all areas, but particularly with desserts. A group of us sampled her Mocha Cake recently, which she served warm with raspberries and strawberries and cream. Sheer Heaven!! Julie tells me this recipe is taken from 'Cakes' by Pam Corbin

Serves 10

- 200 g Unsalted butter, cut into small pieces and softened
- 200g good-quality dark chocolate, broken into small pieces
- 2 tbsp strong filter coffee, or 1 tbsp instant coffee powder dissolved in 2 tbsp hot water
- 50g plain flour
- 50g ground almonds
- 5 eggs
- 75g light soft brown sugar
- 100g caster sugar
- 1 tbsp sifted cocoa powder, for dusting

Linda



Preheat the oven to 180 C/Gas mark 4. Have ready a saucepan of simmering water. Put the butter, chocolate and coffee into a smallish heatproof bowl and set over the pan, making sure the base is not touching the water. Leave until melted, but don't let the mixture get too hot. Remove from the heat and stir until well combined.

Meanwhile, sift the flour into a bowl and mix in the ground almonds: set aside.

Separate the eggs into two large bowls. Add the brown sugar to the egg yolks and beat, using a hand-held electric whisk, until thoroughly combined and creamy. Now carefully fold in the melted chocolate mix, making sure it is evenly combined - the chocolate has a tendency to sink to the bottom of the bowl, so dig down deep.

Pour into the prepared tin and bake for about 40-45 minutes or until a skewer inserted in the middle comes out a little sticky. The aim is to slightly undercook the cake so it will be soft and a little sunken in the middle. Leave to cool in the tin.

Before serving, remove from the tin and dust with the cocoa. The cake is lovely eaten warm with a little cream. It will keep for 5 days in an airtight tin in a cool place..

Events in July

1st	Monday		Notable Future Dates	
2nd	Tuesday	BLACK BIN	Trotaisis i ditais Dates	
3rd	Wednesday	Garden Society at Ickleton Village Hall 8pm	July HINXTON GARDEN	
4th	Thursday		13th EVENING	
5th	Friday	Hinxton Walkers meet Village Hall at 9:30am	Aug	
6th	Saturday	Ickleton Social Club Quiz 8:15pm	9th BINGO	
7th	Sunday	6:30pm Evensong	Aug COFFEE MORNING	
8th	Monday	Parish Council Meeting 7pm Village Hall	14th AT THE OAK HOUSE	
9th	Tuesday	GREEN & BLUE BIN	·	
10th	Wednesday	Coffee Morning, Village Hall 10-12	Aug 16th Red Lion Garden Party	
11th	Thursday		Sept TUDOD FEAST	
12th	Friday		8th TUDOR FEAST	
13th	Saturday	HINXTON GARDEN EVENING	Sept MacMillan	
14th	Sunday		28th Coffee Morning	
15th	Monday		Coffee Morning	
16th	Tuesday	BLACK BIN	Nov 16th Comedy Hour	
17th	Wednesday	Mobile Library War Memorial 12:20-12:35	1000	
18th	Thursday		Nov22nd-24th	
19th	Friday		HINXTON ART SHOW	
20th	Saturday	10am Parish Eucharist		
21st	Sunday			
22nd	Monday			
23rd	Tuesday	GREEN & BLUE BIN	A - 2	
24th	Wednesday			
25th	Thursday	TIDDLERSSt Peters Church, Duxford	Flying Legends Air Show IWM Duxford 13th-14th July	
26th	Friday			
27th	Saturday			
28th	Sunday	8am Holy Communion		
29th	Monday			
30th	Tuesday	BLACK BIN		
		I and the second		

Can you help with Garden Evening finger food and nibbles on July 13th?
Please contact Virginia 530360

31st

Wednesday